

引用文献

- Adams J.,Sibbritt D.,Lui C. W..(2011).The use of complementary and alternative medicine during pregnancy: A longitudinal study of australian women. . *Birth*,38(3),200-206.
- 赤井由紀子,山川正信,永井由美子,西川桃子,佐藤賢太,中島敦子,近藤信子.(2009).妊婦の葉酸認知について. *母性衛生*,50(2),475-481.
- Bishop J. L.,Northstone K.,Green J. R.,Thompson E. A..(2011).The use of complementary and alternative medicine in pregnancy: Data from the avon longitudinal study of parents and children (ALSPAC). *Complementary Therapies in Medicine*,19(6),303-310. doi: 10.1016/j.ctim.2011.08.005 [doi]
- Cantor A. G.,Bougatsos C.,McDonagh M..(2015).Routine iron supplementation and screening for iron deficiency anemia in pregnancy. *Annals of Internal Medicine*,163(5),400-5132-2. doi: 10.7326/L15-5132-2 [doi]
- Christesen H. T.,Elvander C.,Lamont R. F.,Jorgensen J. S..(2012).The impact of vitamin D in pregnancy on extraskeletal health in children: A systematic review. *Acta Obstetrica Et Gynecologica Scandinavica*,91(12),1368-1380. doi: 10.1111/aogs.12006 [doi]
- Christesen H. T.,Falkenberg T.,Lamont R. F.,Jorgensen J. S..(2012).The impact of vitamin D on pregnancy: A systematic review. *Acta Obstetrica Et Gynecologica Scandinavica*,91(12),1357-1367. doi: 10.1111/aogs.12000 [doi]
- Coyle M. E.,Smith C. A.,Peat B..(2005).Cephalic version by moxibustion for breech presentation. *The Cochrane Database of Systematic Reviews*, (2):CD003928. doi(2),CD003928. doi: 10.1002/14651858.CD003928.pub2 [doi]
- Cramer H.,Frawley J.,Steel A.,Hall H.,Adams J.,Broom A.,Sibbritt D..(2015).Characteristics of women who practice yoga in different locations during pregnancy. *BMJ Open*,5(8),e008641-2015-008641. doi: 10.1136/bmjopen-2015-008641 [doi]
- Czeizel AE,Dudas I..(1992).Prevention of the first occurrence of neural-tube defects by periconceptional vitamin supplementation.. *The New England Journal of Medicine*,327(26),1832-1835.
- Czeizel A. E.,Dudas I.,Fritz G.,Tecsöi A.,Hanck A.,Kunovits G..(1992).The effect of periconceptional

- multivitamin-mineral supplementation on vertigo, nausea and vomiting in the first trimester of pregnancy. *Archives of Gynecology and Obstetrics*,251(4),181-185.
- De-Regil L. M.,Pena-Rosas J. P.,Fernandez-Gaxiola A. C.,Rayco-Solon P..(2015).Effects and safety of periconceptional oral folate supplementation for preventing birth defects. *The Cochrane Database of Systematic Reviews*, (12):CD007950. doi(12),CD007950. doi: 10.1002/14651858.CD007950.pub3 [doi]
- Dror D. K.,Allen L. H..(2012).Interventions with vitamins B6, B12 and C in pregnancy. *Paediatric and Perinatal Epidemiology*,26 Suppl 1,55-74. doi: 10.1111/j.1365-3016.2012.01277.x [doi]
- Duncan L. G.,Cohn M. A.,Chao M. T.,Cook J. G.,Riccobono J.,Bardacke N..(2017).Benefits of preparing for childbirth with mindfulness training: A randomized controlled trial with active comparison. *BMC Pregnancy and Childbirth*,17(1),140-017-1319-3. doi: 10.1186/s12884-017-1319-3 [doi]
- Eisenberg D. M.,Kessler R. C.,Foster C.,Norlock F. E.,Calkins D. R.,Delbanco T. L..(1993).Unconventional medicine in the united states. prevalence, costs, and patterns of use.. *The New England Journal of Medicine*,328(4),246-252.
- 福田早苗,渡邊映理,小野直哉,坪内美樹,白川太郎.(2006).現代西洋医学以外の伝統的医療・治療の使用と健康問題に関する実態調査. *日本公衆衛生雑誌*,53(4),293-300.
- 福井次矢.(2010). h22 年度厚生労働科学研究費補助金(厚生労働科学特別研究事業) 総括研究報告書 統合医療の情報発信等の在り方に関する調査研究(No. 201005007A).
- Frawley J.,Adams J.,Sibbritt D.,Steel A.,Broom A.,Gallois C..(2013).Prevalence and determinants of complementary and alternative medicine use during pregnancy: Results from a nationally representative sample of australian pregnant women. *The Australian & New Zealand Journal of Obstetrics & Gynaecology*,53(4),347-352. doi: 10.1111/ajo.12056 [doi]
- Furlow M. L.,Patel D. A.,Sen A.,Liu J. R..(2008).Physician and patient attitudes towards complementary and alternative medicine in obstetrics and gynecology. *BMC Complementary and Alternative Medicine*,8,35-6882-8-35. doi: 10.1186/1472-6882-8-35 [doi]
- Gaffney L.,Smith C. A..(2004).Use of complementary therapies in pregnancy: The perceptions of obstetricians and midwives in south australia. *The Australian & New Zealand Journal of Obstetrics & Gynaecology*,44(1),24-29. doi: 10.1111/j.1479-828X.2004.00161.x [doi]
- George J. W.,Skaggs C. D.,Thompson P. A.,Nelson D. M.,Gavard J. A.,Gross G. A..(2013).A

- randomized controlled trial comparing a multimodal intervention and standard obstetrics care for low back and pelvic pain in pregnancy. *American Journal of Obstetrics and Gynecology*, 208(4), 295.e1-295.e7. doi: 10.1016/j.ajog.2012.10.869 [doi]
- Haberg S. E., London S. J., Stigum H., Nafstad P., Nystad W.. (2009). Folic acid supplements in pregnancy and early childhood respiratory health. *Archives of Disease in Childhood*, 94(3), 180-184. doi: 10.1136/adc.2008.142448 [doi]
- Hall H. G., Griffiths D. L., McKenna L. G.. (2011). The use of complementary and alternative medicine by pregnant women: A literature review. *Midwifery*, 27(6), 817-824. doi: 10.1016/j.midw.2010.08.007 [doi]
- Hall H. R., Jolly K.. (2014). Women's use of complementary and alternative medicines during pregnancy: A cross-sectional study.. *Midwifery*, 30(5), 499-505.
- Hirai K., Komura K., Tokoro A., Kuromaru T., Ohshima A., Ito T.他, Hyodo I.. (2008). Psychological and behavioral mechanisms influencing the use of complementary and alternative medicine (CAM) in cancer patients. *Annals of Oncology : Official Journal of the European Society for Medical Oncology*, 19(1), 49-55. doi: mdm494 [pii]
- Hyodo I., Amano N., Eguchi K., Narabayashi M., Imanishi J., Hirai M. 他, Takashima S.. (2005). Nationwide survey on complementary and alternative medicine in cancer patients in japan.. *Journal of Clinical Oncology*, 23(12), 2645-2654.
- Hyodo I., Eguchi K., Nishina T., Endo H., Tanimizu M., Mikami I.他, Imanishi J.. (2003). Perceptions and attitudes of clinical oncologists on complementary and alternative medicine: A nationwide survey in japan. *Cancer*, 97(11), 2861-2868. doi: 10.1002/cncr.11402 [doi]
- Igarashi T., Fujita M.. (2010). Physical and psychologic effects of aromatherapy inhalation on pregnant women: A randomized controlled trial. *Journal of Nara Medical Association*, 61(3), 101-112.
- 石井秀宗. (2005). 統計分析のここが知りたいー保健・看護・心理・教育系研究のまとめ方(1st) 文光堂.
- 石井 真理子, 中島 研, 櫛田 賢次, 村島 温子, 山口 晃史, 渡邊 典芳他, 北川 道弘. (2009). 妊娠と薬情報センター相談者を対象とした妊婦の葉酸服用率に関する調査. *医薬品情報学*, 11(2), 107-114.
- 一般社団法人 日本助産学会. (2017). エビデンスに基づく助産ガイドラインー妊娠期・分娩期 2016. 日本助産学会誌 別冊, 30.

- 一般社団法人 日本統合医療学会. 一般の方へ 統合医療とは. 参照先: 一般社団法人 日本統合医療学会: <http://imj.or.jp/general>[2018.1.20].
- 一般社団法人 日本統合医療学会.. 統合医療とは Q&A. 参照日: 2017 年 07 月 23 日, 参照先: 一般社団法人 日本統合医療学会: <http://imj.or.jp/>[2018.1.20]
- 伊藤 壽記.(2016a).補完代替医療とエビデンス vol.21(最終回) 補完代替医療の現況と展望 cam から統合医療へ. *医学のあゆみ*,256(4),323-330.
- 伊藤 壽記.(2016b).補完代替医療の現況と展望—cam から統合医療へ. *医学のあゆみ*,256(4),323-330.
- James J.,Newham,Anja.W.C.,Janine H.,John D. A.,Melissa W..(2014).Effects of antenatal yoga on maternal anxiety and depression: A randomized controlled trial. *Depression and Anxiety*,31),621-630.
- Jewell D. J.,Young G..(2001).Interventions for treating constipation in pregnancy. *The Cochrane Database of Systematic Reviews*,2):CD001142. doi(2),CD001142. doi: CD001142 [pii]
- K. Mahomed.(July 2006).Iron and folate supplementation in pregnancy.
- Kajiyama H.,Akama H.,Yamanaka H.,Shoji A.,Matsuda Y.,Tanaka E.他,Kamatani N..(2006).One third of japanese patients with rheumatoid arthritis use complementary and alternative medicine. *Modern Rheumatology*,16(6),355-359. doi: 10.1007/s10165-006-0521-3 [doi]
- Kalder M.,Knoblauch K.,Hrgovic I.,Munstedt K..(2011).Use of complementary and alternative medicine during pregnancy and delivery. *Archives of Gynecology and Obstetrics*,283(3),475-482. doi: 10.1007/s00404-010-1388-2 [doi]
- Kassam Mahomed.(July 2006).Iron and folate supplementation in pregnancy.
- Khianman B.,Pattanittum P.,Thinkhamrop J.,Lumbiganon P..(2012).Relaxation therapy for preventing and treating preterm labour. *The Cochrane Database of Systematic Reviews*,8):CD007426. doi(8),CD007426. doi: 10.1002/14651858.CD007426.pub2 [doi]
- 紀平 為子,岡本 和士,吉田 宗平,若山 育郎,吉備 登.(2011).神経難病患者・介護者における補完代替医療利用の実態調査. *日本補完代替医療学会誌*,8(1),11-16.
- 近藤 厚生,成田 収,倉内 修,山田 満尚,林 嘉彦,山本 真一他,紀平 正道.(2008).葉酸と神経管閉鎖障害 妊婦の認知率とサプリメント内服率(2007 年). *産婦人科治療*,97(1),74-79.
- 厚生労働省. 参照先: 『「統合医療」に係る情報発信等推進事業』『統合医療」情報発信サイト: <http://www.ejim.ncgg.go.jp/public/index.html>[2018.1.20].

- 厚生労働省. (2013 年 2 月 22 日). これまでの議論の整理(「統合医療」のあり方に関する検討会公表資料. 参照先: 『「統合医療」に係る情報発信推進事業』「統合医療」情報発信サイト: <http://www.mhlw.go.jp/stf/shingi/2r9852000002vsub.html>[2018.1.20].
- 厚生労働省『「統合医療」に係る情報発信推進事業』 文献調査委員会. (2015 年 3 月 1 日). 参照先: 厚生労働省「統合医療」に係る情報発信推進事業 「統合医療」情報発信サイト 利用マニュアル 2016 年: http://www.ejim.ncgg.go.jp/pdf/manual_2016.pdf
- Lapi F.,Vannacci A.,Moschini M.,Cipollini F.,Morsuillo M.,Gallo E. 他 ,Mugelli A..(2010).Use, attitudes and knowledge of complementary and alternative drugs (CADs) among pregnant women: A preliminary survey in tuscany. *Evidence-Based Complementary and Alternative Medicine : ECAM*,7(4),477-486. doi: 10.1093/ecam/nen031 [doi]
- Lassi Z. S.,Salam R. A.,Haider B. A.,Bhutta Z. A..(2013).Folic acid supplementation during pregnancy for maternal health and pregnancy outcomes. *The Cochrane Database of Systematic Reviews*, (3):CD006896. doi(3),CD006896. doi: 10.1002/14651858.CD006896.pub2 [doi]
- Lavelle J. M..(2012).Osteopathic manipulative treatment in pregnant women. *The Journal of the American Osteopathic Association*,112(6),343-346. doi: 112/6/343 [pii]
- Li L.,Dou L.,Leung P. C.,Wang C. C..(2012).Chinese herbal medicines for threatened miscarriage. *The Cochrane Database of Systematic Reviews*, (5):CD008510. doi(5),CD008510. doi: 10.1002/14651858.CD008510.pub2 [doi]
- Liddle S. D.,Pennick V..(2015).Interventions for preventing and treating low-back and pelvic pain during pregnancy. *The Cochrane Database of Systematic Reviews*, (9):CD001139. doi(9),CD001139. doi: 10.1002/14651858.CD001139.pub4 [doi]
- Lumley J.,Watson L.,Watson M.,Bower C..(2011).WITHDRAWN: Periconceptional supplementation with folate and/or multivitamins for preventing neural tube defects. *The Cochrane Database of Systematic Reviews*, (4):CD001056. doi(4),CD001056. doi: 10.1002/14651858.CD001056.pub2 [doi]
- Mahomed K..(2007).WITHDRAWN: Iron and folate supplementation in pregnancy. *The Cochrane Database of Systematic Reviews*, (3):CD001135. doi(3),CD001135. doi: 10.1002/14651858.CD001135.pub2 [doi]
- Matthews A.,Haas D. M.,O'Mathuna D. P.,Dowswell T..(2015).Interventions for nausea and vomiting in early pregnancy. *The Cochrane Database of Systematic Reviews*, (9):CD007575.

doi(9),CD007575. doi: 10.1002/14651858.CD007575.pub4 [doi]

光 本 泰 秀 .(2015). 米 国 *nccih* と は ど ん な と こ ろ な の
か？. URL <https://www.ime.or.jp/daitai/daitai24.html>

宮坂善之,安武夫,三宅真帆,山口茉都夏,高野沙織,佐藤紀子他,井上裕美.(2012).母親学級に参加した妊婦における医薬品とサプリメントに対する意識と薬剤情報提供の効果. *日本病院薬剤師会雑誌*,48(7),839-843.

Newham J. J.,Wittkowski A.,Hurley J.,Aplin J. D.,Westwood M..(2014).Effects of antenatal yoga on maternal anxiety and depression: A randomized controlled trial. *Depression and Anxiety*,31(8),631-640. doi: 10.1002/da.22268 [doi]

NIH...Turning Discovery Into Health®.(2014).*NIH complementary and integrative health agency gets new name*. URL <https://www.nih.gov/news-events/news-releases/nih-complementary-integrative-health-agency-gets-new-name>

大野智.(2015a).わが国における補完代替医療の現状と課題. *医学のあゆみ*,253(6),528-533.

大野智.(2015b).アメリカにおける補完代替医療に関する取り組み. *医学のあゆみ*,253(7),599-604.

大野智.(2015c).厚生労働省『「統合医療」情報発信サイト』. *医学のあゆみ*,253(12),1183-1188.

Onyiaapat J. L.,Okafor C.,Okoronkwo I.,Anarado A.,Chukwukelu E.,Nwaneri A.,Okpala P..(2017).Complementary and alternative medicine use: Results from a descriptive study of pregnant women in udi local government area of enugu state, nigeria. *BMC Complementary and Alternative Medicine*,17(1),189-017-1689-0. doi: 10.1186/s12906-017-1689-0 [doi]

Ota E.,Mori R.,Middleton P.,Tobe-Gai R.,Mahomed K.,Miyazaki C.,Bhutta Z. A..(2015).Zinc supplementation for improving pregnancy and infant outcome. *The Cochrane Database of Systematic Reviews*,(2):CD000230. doi(2),CD000230. doi: 10.1002/14651858.CD000230.pub5 [doi]

Pallivalapila A. R.,Stewart D.,Shetty A.,Pande B.,Singh R.,McLay S. J..(2015).Use of complementary and alternative medicines during the third trimester.. *Obstet Gynecol.*,125(1),204-211.

Pallivalappila A. R.,Stewart D.,Shetty A.,Pande B.,McLay J. S..(2013).Complementary and alternative medicines use during pregnancy: A systematic review of pregnant women and healthcare professional views and experiences. *Evidence-Based Complementary and Alternative Medicine : ECAM*,2013,205639. doi: 10.1155/2013/205639 [doi]

- Park J., Sohn Y., White A. R., Lee H..(2014).The safety of acupuncture during pregnancy: A systematic review. *Acupuncture in Medicine : Journal of the British Medical Acupuncture Society*,32(3),257-266. doi: 10.1136/acupmed-2013-010480 [doi]
- Pena-Rosas J. P.,De-Regil L. M.,Garcia-Casal M. N.,Dowswell T..(2015).Daily oral iron supplementation during pregnancy. *The Cochrane Database of Systematic Reviews*, (7):CD004736. doi(7),CD004736. doi: 10.1002/14651858.CD004736.pub5 [doi]
- Prevention of neural tube defects: Results of the medical research council vitamin study. MRC vitamin study research group.(1991). *Lancet (London, England)*,338(8760),131-137. doi: 0140-6736(91)90133-A [pii]
- Quandt S. A.,Verhoef M. J.,Arcury T. A.,Lewith G. T.,Steinsbekk A.,Kristoffersen A. E.他,Fonnebo V..(2009).Development of an international questionnaire to measure use of complementary and alternative medicine (I-CAM-Q). *Journal of Alternative and Complementary Medicine (New York, N.Y.)*,15(4),331-339. doi: 10.1089/acm.2008.0521 [doi]
- Rakhshani A.,Maharana S.,Raghuram N.,Nagendra H. R.,Venkatram P..(2010).Effects of integrated yoga on quality of life and interpersonal relationship of pregnant women. *Quality of Life Research : An International Journal of Quality of Life Aspects of Treatment, Care and Rehabilitation*,19(10),1447-1455. doi: 10.1007/s11136-010-9709-2 [doi]
- Rumbold A.,Ota E.,Nagata C.,Shahrook S.,Crowther C. A..(2015).Vitamin C supplementation in pregnancy. *The Cochrane Database of Systematic Reviews*, (9):CD004072. doi(9),CD004072. doi: 10.1002/14651858.CD004072.pub3 [doi]
- Sado M.,Ota E.,Stickley A.,Mori R..(2012).Hypnosis during pregnancy, childbirth, and the postnatal period for preventing postnatal depression. *The Cochrane Database of Systematic Reviews*, (6):CD009062. doi(6),CD009062. doi: 10.1002/14651858.CD009062.pub2 [doi]
- Sara A. Q.,Marja J. V.,Thomas A. A.,George T. L.,Aslak S.,Agnete E. K. 他 ,Vinjar F..(2009).Development of an international questionnaire to measure use of complementary and alternative medicine (I-CAM-Q). *Journal of Alternative and Complementary Medicine*,15(4),331-339.
- 佐藤 陽子,中西 朋子,千葉 剛,梅垣 敬三.(2014).妊婦における神経管閉鎖障害リスク低減のための folic acid 摂取行動に関する全国インターネット調査. *日本公衆衛生雑誌*,61(7),321-332.

- Satyapriya M.,Nagarathna R.,Padmalatha V.,Nagendra H. R..(2013).Effect of integrated yoga on anxiety, depression & well being in normal pregnancy.. *Complementary Therapies in Clinical Practice*,19(4),230-236.
- Satyapriya M.,Nagendra H. R.,Nagarathna R.,Padmalatha V..(2009).Effect of integrated yoga on stress and heart rate variability in pregnant women. *International Journal of Gynaecology and Obstetrics: The Official Organ of the International Federation of Gynaecology and Obstetrics*,104(3),218-222. doi: 10.1016/j.ijgo.2008.11.013 [doi]
- Scholl T. O.,Johnson W. G..(2000).Folic acid: Influence on the outcome of pregnancy.. *The American Journal of Clinical Nutrition*,71(5),1295-1303.
- Shingler S.,Robertson L.,Boghossian S.,Stewart M..(2013).Compression stockings for the initial treatment of varicose veins in patients without venous ulceration. *The Cochrane Database of Systematic Reviews*, (12):CD008819. doi(12),CD008819. doi: 10.1002/14651858.CD008819.pub3 [doi]
- Skouteris H.,Wertheim E. H.,Rallis S.,Paxton S. J.,Kelly L.,Milgrom J..(2008).Use of complementary and alternative medicines by a sample of australian women during pregnancy. *The Australian & New Zealand Journal of Obstetrics & Gynaecology*,48(4),384-390. doi: 10.1111/j.1479-828X.2008.00865.x [doi]
- Steele N. M.,French J.,Gatherer-Boyles J.,Newman S.,Leclaire S..(2001).Effect of acupressure by sea-bands on nausea and vomiting of pregnancy. *Journal of Obstetric, Gynecologic, and Neonatal Nursing : JOGNN*,30(1),61-70. doi: S0884-2175(15)33873-9 [pii]
- 高橋徳.(2016).あなたが選ぶ統合医療: 古今東西の叡智が命を守る(市谷敏訳).(1st) 知道出版.
- 高木廣文 林邦彦.(2006).エビデンスのための看護研究の読み方・進め方(初版).東京: 株式会社 中山書店.
- 津谷 喜一郎,湯川 慶子,長澤 道行,新井 一郎.(2015).代替医療に関する情報の問題点と情報ニーズ 2014 年医師調査から. *日本医師会雑誌*,144(2),318-322.
- 津谷喜一郎.(2014). 海外諸国の各医療制度の中での「統合医療」の使用実態・健康被害・エビデンスの調査および日本の医療機関での使用実態調査 .(No. 201450001A).
- Wadman M..(2009).Centre turns away from healing herbs.. *Nature*, (462)
- Whitrow M. J.,Moore V. M.,Rumbold A. R.,Davies M. J..(2009).Effect of supplemental folic acid in pregnancy on childhood asthma: A prospective birth cohort study. *American Journal of*

Epidemiology,170(12),1486-1493. doi: 10.1093/aje/kwp315 [doi]

Yamashita H.,Tsukayama H.,Sugishita C..(2002).Popularity of complementary and alternative medicine in japan: A telephone survey. *Complementary Therapies in Medicine*,10(2),84-93.

安川澄子,金高有里,古池信男.(2016).妊娠期のサプリメント摂取の有無とその後の健康・食習慣. *日本未病システム学会雑誌*,22(2),29-36.

吉田 真奈美,溝口 祥代,山下 真由,中塚 幹也.(2010).妊婦における食の安全性、葉酸、水銀の摂取に関する認識. *母性衛生*,50(4),568-574.

湯川慶子,津谷喜一郎,石川ひろの,山崎喜比古,木内貴弘.(2015).代替医療の利用状況・長所・主観的肯定的変化 - 慢性疾患患者の視点から -. *薬理と治療*,43(1),71-84.

Yusof J.,Mahdy Z. A.,Noor R. M..(2016).Use of complementary and alternative medicine in pregnancy and its impact on obstetric outcome. *Complementary Therapies in Clinical Practice*,25,155-163. doi: S1744-3881(16)30082-2 [pii]

Zhang J.,Wu T. X.,Liu G. J..(2006).Chinese herbal medicine for the treatment of pre-eclampsia. *The Cochrane Database of Systematic Reviews*,(2):CD005126. doi(2),CD005126. doi: 10.1002/14651858.CD005126.pub2 [doi]