

5. References

- Abubakar, I., Aldridge, R. W., Devakumar, D., Orcutt, M., Burns, R., Barreto, M. L., Dhavan, P., Fouad, F. M., Groce, N., Guo, Y., Hargreaves, S., Knipper, M., Miranda, J. J., Madise, N., Kumar, B., Mosca, D., McGovern, T., Rubenstein, L., Sammonds, P., . . . Zimmerman, C. (2018). The UCL-Lancet Commission on Migration and Health: the health of a world on the move. *Lancet*, 392(10164), 2606-2654. [https://doi.org/10.1016/s0140-6736\(18\)32114-7](https://doi.org/10.1016/s0140-6736(18)32114-7)
- Bhandari, A. K. C., Dhungel, B., Rahman, M., & (2020). Trends and correlates of cesarean section rates over two decades in Nepal. *BMC Pregnancy Childbirth*, 20, 763. <https://doi.org/10.1186/s12884-020-03453-2>
- Bista, B. (2015). Lived Experience of Infertility among Community Dwelling Infertile Women. *Journal of Nobel Medical College*, 4, 46. <https://doi.org/10.3126/jonmc.v4i1.13303>
- Boivin, J., Bunting, L., Collins, J. A., & Nygren, K. G. (2007). International estimates of infertility prevalence and treatment-seeking: potential need and demand for infertility medical care. *Human Reproduction*, 22(10), 2800-2800. <https://doi.org/10.1093/humrep/dem299>
- Bornstein, M., Gipson, J. D., Failing, G., Banda, V., & Norris, A. (2020). Individual and community-level impact of infertility-related stigma in Malawi. *Soc Sci Med*, 251, 112910. <https://doi.org/10.1016/j.socscimed.2020.112910>
- Borumandnia, N., Alavi Majd, H., Khadembashi, N., & Alaii, H. (2022). Worldwide trend analysis of primary and secondary infertility rates over past decades: A cross-sectional study. *Int J Reprod Biomed*, 20(1), 37-46. <https://doi.org/10.18502/ijrm.v20i1.10407>
- Chen, J., Chen, J., Fang, Y., Shen, Q., Zhao, K., Liu, C., & Zhang, H. (2023). Microbiology and immune mechanisms associated with male infertility. *Front Immunol*, 14, 1139450. <https://doi.org/10.3389/fimmu.2023.1139450>
- Chen, X., Liang, J., Yang, Q., Huang, J., Li, L., & Deng, K. (2023). Age affects the association between socioeconomic status and infertility: a cross-sectional study. *BMC Women's Health*, 23(1), 675. <https://doi.org/10.1186/s12905-023-02680-x>

- Cui, W. (2010). Mother or nothing: the agony of infertility. *Bull World Health Organ*, 88(12), 881-882. <https://doi.org/10.2471/blt.10.011210>
- Democracy Resource Center Nepal, D. (2019). *Formation and Functioning of Provincial Institutions in the Federal Structure* (DRCN Periodic Report - 5, Issue. D. R. C. N. (DRCN). <https://www.democracyresource.org/reports/formation-and-functioning-of-provincial-institutions-aug-2019/>
- Dommaraju, P. (2023). Age Gap Between Spouses in South and Southeast Asia. *Journal of Family Issues*, 0192513X231155662. <https://doi.org/10.1177/0192513X231155662>
- Foreman-Peck, J. (2011). The Western European marriage pattern and economic development. *Explorations in Economic History*, 48(2), 292-309. <https://doi.org/https://doi.org/10.1016/j.eeh.2011.01.002>
- Gautam, M., & Risal, D. P. (2018). Infertility: An Emerging Public Health Issue in Nepal. *Annals of Clinical Chemistry and Laboratory Medicine*, 3, 1. <https://doi.org/10.3126/acclm.v3i1.17717>
- Government of Nepal. (2017). *The National Civil (Code) Act, 2017 (2074)*. Ministry of Law Justice and Parliamentary Affairs. <https://www.moljpa.gov.np/en/wp-content/uploads/2018/12/Civil-code.pdf>
- Government of Nepal. (2020). *Nepal Labour Migration Report 2020* (Ministry of Labour, Employment and Social Security, Issue.
- Gupta, R., Adhikari, R., & Rishal, P. (2021). Childlessness and health seeking behavior in resource poor setting of dang and Udayapur district of Nepal. *International Journal of Reproduction, Contraception, Obstetrics and Gynecology*, 10(11). <https://doi.org/https://doi.org/10.18203/2320-1770.ijrcog20214313>
- He, S., & Wan, L. (2023). Associations between smoking status and infertility: a cross-sectional analysis among USA women aged 18-45 years. *Front Endocrinol (Lausanne)*, 14, 1140739. <https://doi.org/10.3389/fendo.2023.1140739>
- ICF. (1996-2022). *Demographic and Health Surveys (various) [Datasets]*. ICF.
- Jensen, E. R., & Ahlburg, D. A. (2004). Why Does Migration Decrease Fertility? Evidence from the Philippines. *Population Studies*, 58(2), 219-231. <http://www.jstor.org/stable/4148231>

- Joshi, S., Simkhada, P., & Prescott, G. J. (2011). Health problems of Nepalese migrants working in three Gulf countries. *BMC International Health and Human Rights*, 11(1), 3. <https://doi.org/10.1186/1472-698X-11-3>
- Kumar, N., Choudhari, A. R., & Singh, A. K. (2015). Prevalence of male factor infertility in last ten years at a rural tertiary care centre of central India: a retrospective analysis. *Indian Journal of Obstetrics and Gynaecology Research*, 2(3), 132-136.
- Legese, N., Tura, A. K., Roba, K. T., & Demeke, H. (2023). The prevalence of infertility and factors associated with infertility in Ethiopia: Analysis of Ethiopian Demographic and Health Survey (EDHS). *Plos One*, 18(10), e0291912. <https://doi.org/10.1371/journal.pone.0291912>
- Li, H. W. R., Tank, J., Haththotuwa, R., Asia, o. b. o., Obstetrics, O. F. o., & Gynaecology. (2018). Updated status of assisted reproductive technology activities in the Asia-Oceania region. *Journal of Obstetrics and Gynaecology Research*, 44(9), 1667-1672. <https://doi.org/https://doi.org/10.1111/jog.13742>
- Liu, Y., Yang, Y., Zhang, C., Xiao, C., & Song, X. (2023). Does Nepal Have the Agriculture to Feed Its Population with a Sustainable Diet? Evidence from the Perspective of Human–Land Relationship. *Foods*, 12(5).
- Mascarenhas, M. N., Cheung, H., Mathers, C. D., & Stevens, G. A. (2012). Measuring infertility in populations: constructing a standard definition for use with demographic and reproductive health surveys. *Population Health Metrics*, 10(1), 17. <https://doi.org/10.1186/1478-7954-10-17>
- Ministry of Health, M. O. H. N., New, E. R. A. N., & Icf. (2017). *Nepal Demographic and Health Survey 2016*. <http://dhsprogram.com/pubs/pdf/FR336/FR336.pdf>
- Mishra, S. (2023). Why Nepali youth migrate to foreign lands? *NepalNews*. <https://www.nepalnews.com/s/issues/why-nepali-youth-migrate-to-foreign-lands>
- Nepal, G. o. (2021). *National Population and Housing Census 2021*. N. S. Office. <https://censusnepal.cbs.gov.np/results/downloads/census-in-nepal>
- Okonofua, F. E., Ntoimo, L. F. C., Omonkhua, A., Ayodeji, O., Olafusi, C., Unuabonah, E., & Ohenhen, V. (2022). Causes and Risk Factors for

- Male Infertility: A Scoping Review of Published Studies. *Int J Gen Med*, 15, 5985-5997. <https://doi.org/10.2147/ijgm.S363959>
- Paudyal, P., Wasti, S. P., Neupane, P., Kulasabanathan, K., Silwal, R. C., Pathak, R. S., Memon, A., Watts, C., Sapkota, J., Magar, S. A., & Cassell, J. (2023). Health and wellbeing of Nepalese migrant workers in Gulf Cooperation Council (GCC) countries: A mixed-methods study. *J Migr Health*, 7, 100178. <https://doi.org/10.1016/j.jmh.2023.100178>
- Rich-Edwards, J. W., Goldman, M. B., Willett, W. C., Hunter, D. J., Stampfer, M. J., Colditz, G. A., & Manson, J. E. (1994). Adolescent body mass index and infertility caused by ovulatory disorder. *Am J Obstet Gynecol*, 171(1), 171-177. [https://doi.org/10.1016/0002-9378\(94\)90465-0](https://doi.org/10.1016/0002-9378(94)90465-0)
- Riese, S. (2021). *Levels and trends of infertility and childlessness* (DHS Comparative Reports No. 50, Issue. <https://www.dhsprogram.com/pubs/pdf/CR50/CR50.pdf>
- Rouchou, B. (2013). Consequences of infertility in developing countries. *Perspectives in Public Health*, 133(3), 174-179. <https://doi.org/10.1177/1757913912472415>
- Sansone, A., Di Dato, C., de Angelis, C., Menafra, D., Pozza, C., Pivonello, R., Isidori, A., & Gianfrilli, D. (2018). Smoke, alcohol and drug addiction and male fertility. *Reprod Biol Endocrinol*, 16(1), 3. <https://doi.org/10.1186/s12958-018-0320-7>
- Sarkar, S., & Gupta, P. (2016). Socio-Demographic Correlates of Women's Infertility and Treatment Seeking Behavior in India. *J Reprod Infertil*, 17(2), 123-132.
- Shrestha, N., Mehata, S., Pradhan, P. M. S., Joshi, D., & Mishra, S. R. (2019). A nationally representative study on socio-demographic and geographic correlates, and trends in tobacco use in Nepal. *Scientific Reports*, 9(1), 2682. <https://doi.org/10.1038/s41598-019-39635-y>
- Tuladhar, H. (2006). An overview of reproductive health of women in Bajhang district. *Nepal Medical College journal : NM CJ*, 7, 107-111.
- UNFPA. (2017). *Population Situation Analysis of Nepal (With Respect to Sustainable Development)* (UNFPA Nepal, Issue. <https://nepal.unfpa.org/sites/default/files/pub-pdf/Nepal%20Population%20Situation%20Analysis.pdf>

- van der Steeg, J. W., Steures, P., Eijkemans, M. J. C., Habbema, J. D. F., Hompes, P. G. A., Burggraaff, J. M., Oosterhuis, G. J. E., Bossuyt, P. M. M., van der Veen, F., & Mol, B. W. J. (2008). Obesity affects spontaneous pregnancy chances in subfertile, ovulatory women. *Human Reproduction*, 23(2), 324-328. <https://doi.org/10.1093/humrep/dem371>
- Wasti, S. P., Shrestha, A., Atteraya, M. S., & Gc, V. S. (2023). Migrant workers' health-related research in Nepal: A bibliometric study. *Dialogues in Health*, 3, 100147. <https://doi.org/https://doi.org/10.1016/j.dialog.2023.100147>
- World Health Organization, W. (2010). *A healthy lifestyle - WHO recommendations*. Retrieved January 11 from <https://www.who.int/europe/news-room/fact-sheets/item/a-healthy-lifestyle---who-recommendations>
- World Health Organization, W. (2023). *Infertility*. World Health Organization. Retrieved January 9 from <https://www.who.int/news-room/fact-sheets/detail/infertility>