

References

- Ali, A. Y. (1987). *The Holy Quran - English translation of the meanings by Abdullah Yusuf Ali*. Retrieved May 2, 2014 from <http://www.reportaget.se/Urkunder/Quran/Quran%20international/quran.pdf>
- Asosiasi Institusi Pendidikan Ners Indonesia, Asosiasi Institusi Pendidikan Diploma Tiga Keperawatan Indonesia, dan Persatuan Perawat Nasional Indonesia (AIPNI, AIPDiKI, & PPNI) [Indonesian Nurses Education Institute Association, Indonesian Diploma Nursing Education Institution Association, and Indonesian National Nurses Association]. (2012a). *Draf naskah akademik sistem pendidikan keperawatan [Draft of nursing education system manuscript]*. Retrieved May 2, 2014 from <http://hpeq.dikti.go.id/v2/images/Produk/DRAF-NASKAH-AKADEMIK-SISTEM-PENDIDIKAN-KEPERAWATAN.pdf> (in Indonesian)
- Asosiasi Institusi Pendidikan Ners Indonesia, Asosiasi Institusi Pendidikan Diploma Tiga Keperawatan Indonesia, dan Persatuan Perawat Nasional Indonesia (2012b). *Standar pendidikan keperawatan Indonesia [Indonesian nursing education standard]*. Retrieved May 2, 2014 from <http://hpeq.dikti.go.id/v2/images/Produk/19.3-Draf-Standar-Pendidikan-Keperawatan-19-Oktober-2012.pdf> (in Indonesian)
- Atqa, M. (2010). Religious expression in Indonesia – A sociological study of Ahmadiyya movement. *OIDA [Ontario International Development Agency] International Journal of Sustainable Development*, 1(6), 19-31.
- Ayalon, L., Gross, R., Tabenkin, H., Porath, A., Heymann, A., & Porter, B. (2006). Correlates of quality of life in primary care patients with hypertension. *International Journal of Psychiatry in Medicine*, 36(4), 483-497.
- Badan Penelitian dan Pengembangan Kesehatan, Kementerian Kesehatan Republik Indonesia [Agency for Health Research and Development, Indonesian Ministry of Health] (2013). *Riset kesehatan dasar (Riskesdas) 2013 [Basic health research 2013]*. Retrieved May 2, 2014 from <http://depkes.go.id/downloads/riskesdas2013/Hasil%20Riskesdas%202013.pdf> (in

Indonesian)

Badan Perencanaan Pembangunan Daerah Provinsi Jawa Barat (2012). *Profil daerah provinsi Jawa Barat tahun 2012 [West Java province profile 2012]*. Retrieved May 2, 2014 from

<http://pusdalisbang.jabarprov.go.id/pusdalisbang/berkas/profilejabar/358PROFILJABAR2012.pdf> (in Indonesian)

Badan Pusat Statistik (2010). *Penduduk menurut wilayah dan agama yang dianut [Population by Region and Religion]*. Retrieved July 4, from

<http://sp2010.bps.go.id/index.php/site/tabel?tid=321> (in Indonesian)

Badan Pusat Statistik Kabupaten Indramayu (2013). *Luas wilayah menurut kecamatan [Area by sub-district] and Jumlah Puskesmas dan Pustu menurut kecamatan di Kabupaten Indramayu Tahun 2013 [Number of Puskesmas and Pustu by sub-district in Indramayu district 2013]*. Retrieved February 3, 2015, from

<http://indramayukab.bps.go.id/> (in Indonesian)

Bakas, T., McLennon, S.M., Carpenter, J.S., Buelow, J.M. Otte, J.L., Hanna, K.M., ...

Welch, J.L. (2012). Systematic review of health-related quality of life models. *Health and Quality of Life Outcomes*, 10, 134.

Balcazar, H.G., Byrd, T.L., Ortiz, M., Tondapu, S.R., & Chavez, M. (2009). A randomized community intervention to improve hypertension control among Mexican Americans: Using the promotoras de salud community outreach model. *Journal of Health Care for the Poor and Underserved*, 20(4), 1079-94.

Bandura, A. (1986). *Social foundations of thought and action: A social cognitive theory*. Englewood Cliffs NJ: Prentice Hall.

Bandura, A. & Shunk, D. H. (1981). Cultivating competence, self-efficacy, and intrinsic interest through proximal self-motivation. *Journal of Personality and Social Psychology*, 41(3), 586-598.

Brown, M., Dodgeon, B., & Goodman, A. (2014). *Caring responsibilities in middle age*. Retrieved December 22, 2014 from

[file:///C:/Users/SLIU_User/Downloads/NCDS%20briefing%20paper%20-%20Caring%20responsibilities%20in%20middle%20age%20\(web\).pdf](file:///C:/Users/SLIU_User/Downloads/NCDS%20briefing%20paper%20-%20Caring%20responsibilities%20in%20middle%20age%20(web).pdf)

- Browne, M.W. & Cudeck, R. (1993). Alternative ways of assessing model fit. In K. A. Bollen & J. S. Long (Eds.), *Testing structural equation models* (pp. 136-162). Newsbury Park, CA: Sage.
- Burke, V., Beilin, L. J., Cutt, H. E., Mansour, J., & Mori, T. A. (2008). Moderators and mediators of behaviour change in a lifestyle program for treated hypertensives: A randomized controlled trial (ADAPT). *Health Education Research*, 23(4), 583-591. doi:10.1093/her/cym047
- Burke, V., Mansour, J., Mori, T. A., Beilin, L. J., Cutt, H. E., & Wilson, A. (2008). Changes in cognitive measures associated with a lifestyle program for treated hypertensives: A randomized controlled trial (ADAPT). *Health Education Research*, 23(2), 202-217.
- Carmines, E.G. & Zeller, R.A. (1979). *Reliability and validity assessment*. Beverly Hills CA: Sage.
- Cho, A. H., Voils, C. I., Yancy, W. S., Jr, Oddone, E. Z., & Bosworth, H. B. (2007). Does participatory decision making improve hypertension self-care behaviors and outcomes? *Journal of Clinical Hypertension*, 9(5), 330-336.
- Coburn, C. L. & Weismuller, P. C. (2012). Asian motivators for health promotion. *Journal of Transcultural Nursing*, 23(2), 205-214.
- Cohen, J. (1988). *Statistical power analysis for the behavioral sciences* (2nd ed.). Hillsdale NJ: Lawrence Erlbaum Associates.
- Cooper, H. M. (2010). *Research synthesis and meta-analysis: A step-by-step approach* (4th ed.). Thousand Oaks CA: Sage.
- Cornélio, M.E., Gallani, M. B. J., Godin, G., Rodrigues, R. C. M., Nadruz, W., J., & Mendez, R. D. R. (2012). Behavioural determinants of salt consumption among hypertensive individuals. *Journal of Human Nutrition and Dietetics: The Official Journal of the British Dietetic Association*, 25(4), 334-344. doi:10.1111/j.1365-277X.2012.01238.x
- Cuffee, Y. L., Hargraves, J. L., Rosal, M., Briesacher, B. A., Schoenthaler, A., Person, S., . . . Allison, J. (2013). Reported racial discrimination, trust in physicians, and medication adherence among inner-city African Americans with hypertension. *American Journal of Public Health*, 103(11), e55-e62. doi:10.2105/AJPH.2013.301554
- Departmen Kesehatan Badan Pengembangan dan Pemberdayaan Sumber Dana Manusia

- Kesehatan (2006). *Kurikulum program pendidikan diploma III keperawatan [Curriculum for diploma III nursing education]*. Retrieved December 22, 2014 from <http://www.bppsdmk.depkes.go.id/pusdiklatnakes/data/kbkd3.pdf>
- Dalyoko, D. A. P., Kusumawati, Y., & Ambarwati (2011). Faktor-faktor yang berhubungan dengan control hipertensi pada lansia di pos pelayanan terpadu wilayah kerja puskesmas Mojosongo Boyolali [Factors associated with hypertension control for the elderly in the integrated health post health center of Mojosongo Boyolali]. *Jurnal Kesehatan [Journal of Health]*, 4(1), 201-214. Retrieved May 3, 2014 from <http://publikasiilmiah.ums.ac.id/bitstream/handle/123456789/2928/10.%20DYAH%20AYU%20P.pdf?sequence=1>
- Dinas Kesehatan Kabupaten Indramayu [Indramayu district health office] (2013). *Profile kesehatan kabupaten indamayu tahun 2012 [Indramayu district health profile 2012]*. Indramayu: Dinas kesehatan. (in Indonesian)
- Dinas Kesehatan Kabupaten Indramayu (2014). *Dinas kesehatan kabupaten Indramayu tahun 2011 – 2015 [Indramayu health office 2011-2015]*. Retrieved May 2, 2014 from <http://dinkes.indramayukab.go.id/visi-misi.html> (in Indonesian)
- Dinas Kesehatan Provinsi Jawa Barat [West Java province health office] (2008). *Table profil kesehatan provinsi Jawa Barat tahun 2007 [Table of West Java province health profile 2007]*. Retrieved December 22, 2011 from <http://www.depkes.go.id/downloads/profil/prov%20jabar%202007.pdf> (in Indonesian)
- Dinas Kesehatan Provinsi Jawa Barat (2012). *Profil kesehatan provinsi Jawa Barat tahun 2012 [West Java province health profile 2012]*. Retrieved May 2, 2014 from http://www.depkes.go.id/downloads/PROFIL_KES_PROVINSI_2012/12_Profil_Kes.Prov.JawaBarat_2012.pdf (in Indonesian)
- Direktorat Jenderal Pendidikan Menengah, Kementerian Pendidikan dan Kebudayaan [Directorate General of Middle Education, Ministry of Education and Culture] (2014). *Data pokok sekolah menengah atas [Data of high schools]*. Retrieved February 3, 2015, from http://psma.kemdikbud.go.id/home/statistik/dp_sma.php?id=2&kab=KAB.%20INDRAMAYU&prov=PROV.%20JAWA%20BARAT (in Indonesian)

- Direktorat Jenderal Pendidikan Tinggi, Kementerian Pendidikan dan Kebudayaan. [Directorate General of Higher Education, Ministry of Education and Culture]. (2010). *Portret ketersediaan dan kebutuhan tenaga perawat [Portrait of availability and requirements of nurses]*. Retrieved May 2, 2014 from http://hpeq.dikti.go.id/v2/images/Produk/Potret_Ketersediaan_Dan_Kebutuhan_Tenaga_Perawat.pdf (in Indonesian)
- Direktorat Jenderal Pengendalian Penyakit dan Penyehatan Lingkungan, Kementerian Kesehatan Republik Indonesia [Directorate General of Disease Control and Environmental Health, Indonesian Ministry of Health]. (2012). *Profil pengendalian penyakit dan penyehatan lingkungan tahun 2011 [Profile of disease control and environmental health 2011]*. Retrieved May 2, 2014 from <http://pppl.depkes.go.id/upt?id=85> (in Indonesian)
- Direktorat Jenderal Pengendalian Penyakit dan Penyehatan Lingkungan, Kementerian Kesehatan Republik Indonesia [Directorate General of Disease Control and Environmental Health, Indonesian Ministry of Health] (2013). *Informasi Terkait Penyakit Tidak Menular [Information related to noncommunicable diseases]*. Retrieved December 22, 2014 from <http://pppl.depkes.go.id/berita?id=1163> (in Indonesian)
- Dulock, H. L. & Holzemer, W. L. (1991). Substruction: Improving the linkage from theory to method. *Nursing Science Quarterly*, 4(2), 83-87.
- Epstein, D. E., Sherwood, A., Smith, P. J., Craighead, L., Caccia, C., Lin, P., ... Blumenthal, J. A. (2012). Determinants and consequences of adherence to the dietary approaches to stop hypertension diet in African-American and white adults with high blood pressure: Results from the ENCORE trial. *Journal of the Academy of Nutrition and Dietetics*, 112(11), 1763-1773. doi:10.1016/j.jand.2012.07.007
- Ferrans, C.E., Zerwic, J.J., Wilbur, J.E., & Larson, J.L. (2005). Conceptual model of health-related quality of life. *Journal of Nursing Scholarship*, 37(4), 336-42.
- Ferrante, D., Apro, N., Ferreira, V., Virgolini, M., Aguilar, V., Sosa, M., ... Casas, J. (2011). Feasibility of salt reduction in processed foods in Argentina. *Revista Panamericana De Salud Pública [Pan American Journal of Public Health]*, 29 (2), 69-75.

- Gielen, A. C., McDonald, E. M., Gary, T. L., & Bone, L. R. (2008). *Using the PRECEDE-PROCEED model to apply health behavior theories*. In K. Glanz, B. K. Rimer & K. Viswanath, (Eds.), *Health behavior and health education: Theory, research, and practice* (4th ed.). San Francisco: Jossey-Bass.
- Glasgow, R. E. (2011). Planning models and theories: Integrating components for addressing complex challenges. *Journal of Public Health Dentistry* 71, S17.
- Graudal, N.A., Hubeck-Graudal, T., & Jurgens, G. (2011). Effects of low sodium diet versus high sodium diet on blood pressure, renin, aldosterone, catecholamines, cholesterol, and triglyceride. *The Cochrane Database of Systematic Reviews*, Vol.11.
- Green, L., & Kreuter, M. (2005). *Health program planning: An educational and ecological approach* (4th ed.). New York: McGraw-Hill.
- Greenberg, M.R. (2014). Healthography. *American Journal of Public Health*, 104(11), 2022.
- Hadi, N. & Rostami-Gooran, N. (2004). Determinant factors of medication compliance in hypertensive patients of Shiraz, Iran. *Archives of Iranian Medicine*, 7(4), 292-296. Retrieved May 3, 2014 from <http://razi.ams.ac.ir/AIM/0474/0013.pdf>
- Hair, J.F., Black, W.C., Babin, B.J., & Anderson, R.E. (2010). *Multivariate data analysis – A Global perspective* (7th ed.). Upper Saddle River NJ: Pearson Education.
- Ham, O. K., & Lee, C. Y. (2007). Predictors of health services utilization by hypertensive patients in South Korea. *Public Health Nursing*, 24(6), 518-528.
- He, F.J., Li, J., & MacGregor, G.A. (2013). Effect of longer-term modest salt reduction on blood pressure. *The Cochrane Database of Systematic Reviews*, Vol. 4.
- Hekler, E. B., Lambert, J., Leventhal, E., Leventhal, H., Jahn, E., & Contrada, R. J. (2008). Commonsense illness beliefs, adherence behaviors, and hypertension control among African Americans. *Journal of Behavioral Medicine*, 31(5), 391-400. doi:10.1007/s10865-008-9165-4
- Heymann, A. D., Gross, R., Tabenkin, H., Porter, B., & Porath, A. (2011). Factors associated with hypertensive patients' compliance with recommended lifestyle behaviors. *The Israel Medical Association Journal*, 13(9), 553-557.
- Hooper, L., Bartlett, C., Davey, S.G., & Ebrahim, S. (2004). Advice to reduce dietary salt for

prevention of cardiovascular disease. *The Cochrane Database of Systematic Reviews*, Vol. 1.

- Hu, H., Li, G., & Arao, T. (2013). Prevalence rates of self-care behaviors and related factors in a rural hypertension population: A questionnaire survey. *International Journal of Hypertension*, 2013, 526949-526949. doi:10.1155/2013/526949
- Hulley, S. B., Cummings, S. R., Browner, W. S., Grady, D., Hearst, N., & Newman, T. B. (2001). *Designing clinical research: An epidemiologic approach* (2nd ed.). Philadelphia PA: Lippincott Williams & Wilkins.
- Indonesian Ministry of Health & World Health Organization (2006). Monitoring and evaluation of the integrated community-based intervention for the prevention of noncommunicable diseases in Depok, West Java, Indonesia. Retrieved May 2, 2014 from http://www.who.int/chp/steps/STEPS_Report_Indonesia_Depok_2006.pdf
- Ingham, X. (n.d.). *Career women in Indonesia - Obstacles faced, and prospects for change*. Retrieved December 22, 2014 from <http://www.acicis.murdoch.edu.au/hi/women.html>
- Joanna Briggs Institute (2011). *Joanna Briggs institute reviewers' manual 2011 edition*. Retrieved May 2, 2014 from <http://joannabriggs.org/assets/docs/sumari/ReviewersManual-2011.pdf>
- Johanson, G. A. & Brooks, G. P. (2010). Initial scale development: Sample size for pilot studies. *Educational and Psychological Measurement*, 70(3), 394-400.
- Jones, J. D., Tucker, C. M., & Herman, K. C. (2009). Stress and nutrition among African American women with hypertension. *American Journal of Health Behavior*, 33(6), 661-672.
- Kaur, J., Kaur, G., Ho, B.K., Yao, W.K., Salleh, M., & Lim, K.H. (2014). Predictors of physical inactivity among elderly Malaysians: Recommendations for policy planning. *Asia-Pacific Journal of Public Health*. Retrieved May 2, 2014 from <http://aph.sagepub.com/content/early/2014/01/10/1010539513517257.full.pdf+html>
- Kementerian Kesehatan Republik Indonesia. (2006a). *Pedoman penyelenggaraan upaya keperawatan kesehatan masyarakat di puskesmas (NOMOR 279/MENKES/SK/IV /2006) [Guidelines for implementation of community health nursing efforts in health*

centers]. Retrieved May 2, 2014 from

http://www.hukor.depkes.go.id/up_prod_kepmenkes/KMK%20No.%20279%20ttg%20Pedoman%20Penyelenggaraan%20Upaya%20Keperawatan%20Kesehatan%20Masyarakat%20di%20Puskesmas.pdf

Kementerian Kesehatan Republik Indonesia [Indonesian Ministry of Health] (2006b). *Profil kesehatan Indonesia 2004 [Indonesia health profile 2004]*. Retrieved May 2, 2014 from <http://www.depkes.go.id/downloads/publikasi/Profil%20Kesehatan%20Indonesia%202004.pdf> (in Indonesian)

Kementerian Kesehatan Republik Indonesia (2009a). *Hindari hipertensi, konsumsi garam 1 sendok teh per hari [Avoid hypertension, consume 1 teaspoon of salt per day]*. Retrieved December 22, 2014 from <http://www.depkes.go.id/pdf.php?id=263> (in Indonesian)

Kementerian Kesehatan Republik Indonesia. (2009b). *Pembangunan kesehatan berbasis preventif dan promotif [Preventive and promotive based health development]*. Retrieved May 2, 2014 from <http://www.depkes.go.id/index.php?vw=2&id=435> (in Indonesian)

Kementerian Kesehatan Republik Indonesia (2011). *Strategi nasional penerapan pola konsumsi makanan dan aktifitas fisik untuk mencegah penyakit tidak menular [National strategy of implementation of food consumption and physical activity to prevent non-communicable diseases]*. Retrieved December 22, 2014 from <http://gizi.depkes.go.id/download/pedoman%20gizi/stranas%20kt%20penganta.pdf-gabung.pdf> (in Indonesian)

Kementerian Kesehatan Republik Indonesia (2012). *Profil kesehatan Indonesia tahun 2011 [Indonesia health profile 2011]*. Retrieved May 2, 2014 from <http://www.depkes.go.id/downloads/Profil2011-v3.pdf>

Kementerian Kesehatan Republik Indonesia (2013a). *Profil kesehatan Indonesia tahun 2012 [Indonesia health profile 2012]*. Retrieved May 2, 2014 from [http://www.depkes.go.id/downloads/Profil%20Kesehatan_2012%20\(4%20Sept%202013\).pdf](http://www.depkes.go.id/downloads/Profil%20Kesehatan_2012%20(4%20Sept%202013).pdf)

Kementerian Kesehatan Republik Indonesia (2013b). *Rekapitulasi Puskesmas Kabupaten*

Indramayu [Recapitulation of Indramayu district health center]. Retrieved May 10, 2014 from

http://www.siknasonline.depkes.go.id/laporan_puskesmas_detail_kab.php?kd_propinsi=32&kd_kabupaten=12&tahun=2014&nama_kabupaten=KAB.%20INDRAMAYU

Kementerian Kesehatan Republik Indonesia (2014). *Bank Dunia puji pelaksanaan Jaminan Kesehatan Nasional [World Bank praises implementation of National Health Insurance]*. Retrieved May 2, 2014 from

<http://www.depkes.go.id/index.php?vw=2&id=NW.20141210003> (in Indonesian)

Kementerian Kesehatan Republik Indonesia, Politeknik Kesehatan Palembang & Prodi Keperawatan Lubuklinggau Palembang (2012). *Analisis faktor risiko penyakit hipertensi pada masyarakat di kecamatan Kemuning kota Palembang tahun 2012 [Analysis of risk factors of hypertension in the community at Kemuning sub-district, Palembang city, 2012]*. Retrieved December 22, 2014 from

http://poltekkespalembang.ac.id/userfiles/files/analisis_faktor_risiko_penyakit_hipertensi_pada_masyarakat_di_kecamatan_kemuning_kota_palembang_tahun_2012.pdf (in Indonesian)

Kementerian Pendidikan dan Kebudayaan Republik Indonesia (1999). *Keputusan Menteri Pendidikan dan Kebudayaan Republik Indonesia Nomor 239/U/1999 tentang kurikulum yang berlaku secara nasional program diploma III keperawatan [Decree of the Minister of Education and Culture of the Republic of Indonesia No. 239/U/1999 on the applicable national curriculum for nursing diploma III program]*. Retrieved December 22, 2014 from

https://www.google.co.jp/url?sa=t&rct=j&q=&esrc=s&source=web&cd=1&cad=rja&uact=8&ved=0CB0QFjAA&url=http%3A%2F%2Fwww.bppsdmk.depkes.go.id%2Fpusdiklatnakes%2Fdata%2Fkurikulum.doc&ei=dfKXVMfeLOLamAXyhYDoBg&usg=AFQjCNE-cD4_7Z3wEaLxCiAkUJLlIdBsJTA&bvm=bv.82001339,d.dGc (in Indonesian).

Kempainen, J., Bomar, P. J., Kikuchi, K., Kanematsu, Y., Ambo, H., & Noguchi, K. (2011). Health promotion behaviors of residents with hypertension in Iwate, Japan and North Carolina, USA. *Japan Journal of Nursing Science*, 8(1), 20-32. doi:10.1111/j.1742-7924.2010.00156.x

- Komisi Pemilihan Umum [National Election Commission] (2014). *Daerah pemilihan anggota DPRD kabupaten Indramayu provinsi Jawa Barat [Area of council member election, Indramayu district, West Java province]*. Retrieved May 10, 2014 from http://kpu.go.id/dmdocuments/3212_indramayu.pdf
- Kretchy, I., Owusu-Daaku, F., & Danquah, S. (2013). Spiritual and religious beliefs: Do they matter in the medication adherence behaviour of hypertensive patients? *BioPsychoSocial Medicine*, 7-15, doi:10.1186/1751-0759-7-15
- Lee, J., Han, H., Song, H., Kim, J., Kim, K. B., Ryu, J. P., & Kim, M. T. (2010). Correlates of self-care behaviors for managing hypertension among Korean Americans: A questionnaire survey. *International Journal of Nursing Studies*, 47(4), 411-417. doi:10.1016/j.ijnurstu.2009.09.011
- Lewis, L. M., Schoenthaler, A. M., & Ogedegbe, G. (2012). Patient factors, but not provider and health care system factors, predict medication adherence in hypertensive black men. *Journal of Clinical Hypertension*, 14(4), 250-255. DOI: 10.1111/j.1751-7176.2012.00591.x
- Li, W., Kuo, C., Hwang, S., & Hsu, H. (2012). Factors related to medication non-adherence for patients with hypertension in Taiwan. *Journal of Clinical Nursing*, 21(13), 1816-1824. doi:10.1111/j.1365-2702.2012.04088.x
- Lubis, D. U., Takwin, B., & Panggabean, S. K. (2011). Antisipasi, rujukan dan fokus pengaturan sebagai predictor perilaku sehat [Anticipation, referral and setting focus as a predictor of healthy behaviors]. *Makara, Sosial Humaniora [Social humanity]*, 15(2), 109-116. (in Indonesian)
- Mansyur, C. L., Pavlik, V. N., Hyman, D. J., Taylor, W. C., & Goodrick, G. K. (2013). Self-efficacy and barriers to multiple behavior change in low-income African Americans with hypertension. *Journal of Behavioral Medicine*, 36(1), 75-85. doi:10.1007/s10865-012-9403-7
- Martin, M. Y., Kim, Y., Kratt, P., Litaker, M. S., Kohler, C. L., Schoenberger, Y., ... Williams, O. D. (2011). Medication adherence among rural, low-income hypertensive adults: A randomized trial of a multimedia community-based intervention. *American Journal of Health Promotion*, 25(6), 372-378.

- Mizutani (2012). *Eating lifestyle of women with type 2 diabetes in a city of West Java, Indonesia* (Unpublished master's thesis). Tokyo Japan: St. Luke's College of Nursing.
- Mizutani, M., Tashiro, J., Maftuhah, Lily, Y., Heri, S., Ogata, A., Riyanto, C., & Ita, Y. (2013). [Interviews with West Java district health professionals.] Unpublished raw data.
- Mizutani, M., Tashiro, J., & Maftuhah. (2015). Health needs assessment for health promotion in an Indonesian district of West Java. *Journal of St. Luke's Society of Nursing Research*, 18(2), 3-13.
- Nakamura, M., Aoki, N., Yamada, T., & Kubo, N. (2003). Feasibility and effect on blood pressure of 6-week trial of low sodium soy sauce and miso. *Official Journal of the Japanese Circulation Society*, 67(6), 530-4.
- Nugroho, A.S., Fujimura, M., & Inaoka, T. (2012). Changes in socioeconomic status, community health and environmental conditions of fishermen by transmigration in Lampung Timur, Indonesia. *Life Science Journal*, 9(4), 789-798.
- Nursing in the World Editorial Committee (2000). *Nursing in the world* (3rd ed.). Tokyo: The International Nursing Foundation of Japan.
- Padilla, R., Steiner, J. F., Havranek, E. P., Beaty, B., Davidson, A. J., & Bull, S. (2011). A comparison of different measures of acculturation with cardiovascular risk factors in Latinos with hypertension. *Journal of Immigrant and Minority Health / Center for Minority Public Health*, 13(2), 284-292. doi:10.1007/s10903-010-9434-5
- Pemerintah Kabupaten Indramayu [Indramayu district government] (2010). Statistik (Statistics). Retrieved May 2, 2014 from <http://www.indramayukab.go.id/statistik.html> (in Indonesian)
- Pemerintah Kabupaten Indramayu (2013). Rencana pembangunan jangka menengah daerah (RPJMD) kabupaten Indramayu tahun 2011-2015 [Indramayu district medium term development plan 2011-2015]. Retrieved May 2, 2014 from <http://www.bapeda.indramayukab.go.id/data/rpjmd/BAB-II-RPJMD.pdf> (in Indonesian)
- Pender, N.J., Murdaugh, C.L., & Parsons, M.A. (2011). *Health promotion in nursing practice* (6th ed.). Upper Saddle River NJ: Pearson Education.
- Peng, Y.G., Li, W., Wen, X.X., Li, Y., Hu, J.H., & Zhao, L.C. (2014). Effects of salt substitutes

- on blood pressure: a meta-analysis of randomized controlled trials. *The American Journal of Clinical Nutrition*, 100(6), 1448-54
- Penney, S. (1999). *Discovering religions: Islam foundation edition*. Portsmouth NH: Heinemann.
- Peters, R. M. & Templin, T. N. (2008). Measuring blood pressure knowledge and self-care behaviors of African Americans. *Research in Nursing & Health*, 31(6), 543-552.
doi:10.1002/nur.20287
- Pickett, S., Allen, W., Franklin, M., & Peters, R., M. (2014). Illness beliefs in African Americans with hypertension. *Western Journal of Nursing Research*, 36(2), 152-170.
doi:10.1177/0193945913491837
- Pusat Promosi Kesehatan, Kementerian Kesehatan Republik Indonesia [Health Promotion Center, Indonesian Ministry of Health]. (2010). *Rencana operasional promosi kesehatan dalam pengendalian penyakit tidak menular [Operational plan for health promotion in control of noncommunicable diseases]*. Retrieved May 2, 2014 from http://agus34drajat.files.wordpress.com/2010/10/buku_rencana_operasional_promkes_ptm.pdf (in Indonesian)
- Polit, D. F. & Beck, C. T. (2012). *Nursing research: Generating and assessing evidence for nursing practice* (9th ed.). Philadelphia PA: Lippincott Williams & Wilkins.
- Rada, N. & Regmi, A. (2010). *Trade and food security implications from the Indonesian agricultural experience*. (United States Department of Agriculture). Retrieved September 9, 2011 from <http://www.ers.usda.gov/Publications/WRS1001/WRS1001.pdf>
- Reichert, F. F., Barros, A. J. D., Domingues, M. R., & Hallal, P. C. (2007). The role of perceived personal barriers to engagement in leisure-time physical activity. *American Journal of Public Health*, 97(3), 515-519.
- Robinson, K. & Bessell, S. (2002). *Women in Indonesia: Gender, equity and development*. Pasir Panjang: Institute of Southeast Asian Studies.
- Ross, S., Walker, A., & MacLeod, M. J. (2004). Patient compliance in hypertension: Role of illness perceptions and treatment beliefs. *Journal of Human Hypertension*, 18(9), 607-613.

- Roumie, C. L., Greevy, R., Wallston, K. A., Elasy, T. A., Kaltenbach, L., Kotter, K., ... Speroff, T. (2011). Patient centered primary care is associated with patient hypertension medication adherence. *Journal of Behavioral Medicine, 34*(4), 244-253.
doi:10.1007/s10865-010-9304-6
- Schoenthaler, A., Allegrante, J. P., Chaplin, W., & Ogedegbe, G. (2012). The effect of patient-provider communication on medication adherence in hypertensive black patients: Does race concordance matter? *Annals of Behavioral Medicine, 43*(3), 372-382. doi:10.1007/s12160-011-9342-5
- Schoenthaler, A., Chaplin, W. F., Allegrante, J. P., Fernandez, S., Diaz-Gloster, M., Tobin, J. N., & Ogedegbe, G. (2009). Provider communication effects medication adherence in hypertensive African Americans. *Patient Education and Counseling, 75*(2), 185-191.
doi:10.1016/j.pec.2008.09.018
- Schoenthaler, A., Ogedegbe, G., & Allegrante, J. P. (2009). Self-efficacy mediates the relationship between depressive symptoms and medication adherence among hypertensive African Americans. *Health Education & Behavior: The Official Publication of the Society for Public Health Education, 36*(1), 127-137.
- Smith, S. A. (2004). Nurse competence: A concept analysis. *International Journal of Nursing Knowledge, 23*(3), 172-182.
- Stavropoulou, C. (2012). Perceived information needs and non-adherence: Evidence from Greek patients with hypertension. *Health Expectations: An International Journal of Public Participation in Health Care & Health Policy, 15*(2), 187-196. doi:10.1111/j.1369-7625.2011.00679.x
- Tabachnick, B.G. & Fidell, L.S. (2014). *Using multivariate statistics (6th ed.)*. Essex England: Pearson Education.
- Tandos, R. (2013). Weakened women in today's Indonesia. *Jakarta Post*. Retrieved December 22, 2014 from <http://www.thejakartapost.com/news/2013/01/17/weakened-women-today-s-indonesia.html>
- Tashiro, J., Maftuhah, Mizutani, M., Lily, Y., Heri, S., & Ogata, A. (2014). *Collaborative reformation for strengthening community health nursing in Indonesia – Preliminary*

- analysis of the curriculum*. Presented at the 10th Conference of the Global Network of WHO Collaborating Centres for Nursing and Midwifery, Coimbra, Portugal.
- Tilburt, J. C., Dy, S. M., Weeks, K., Klag, M., & Young, J. H. (2008). Associations between home remedy use and a validated self-reported adherence measure in an urban African-American population with poorly controlled hypertension. *Journal of the National Medical Association, 100*(1), 91-97.
- Toyoda, H. (2002). Notes for Discussion of Structural Equation Modeling. *The Japanese Journal of Behaviormetrics, 29*(2); 135-137. (in Japanese).
- Trivedi, R. B., Ayotte, B., Edelman, D., & Bosworth, H. B. (2008). The association of emotional well-being and marital status with treatment adherence among patients with hypertension. *Journal of Behavioral Medicine, 31*(6), 489-497. doi:10.1007/s10865-008-9173-4
- United Nations (2002). *World population ageing: 1950-2050*. Retrieved May 12, 2014 from <http://www.un.org/esa/population/publications/worldageing19502050/>
- van de Vijver, S., Oti, S., Addo, J., de Graft-Aikins, A., & Agyemang, C. (2012). Review of community-based interventions for prevention of cardiovascular diseases in low- and middle-income countries. *Ethnicity & Health, 17*(6), 651-76
- Viera, A. J., Kshirsagar, A. V., & Hinderliter, A. L. (2008). Lifestyle modifications to lower or control high blood pressure: Is advice associated with action? The behavioral risk factor surveillance survey. *Journal of Clinical Hypertension, 10*(2), 105-111.
- Wagener, O. (2006). Instruments of development cooperation and Islamic values in Asia. Retrieved February 3, 2015, from <http://www2.gtz.de/dokumente/bib/06-1387.pdf>
- Wang, G. & Labarthe, D. (2011). The cost-effectiveness of interventions designed to reduce sodium intake. *Journal of Hypertension, 29* (9), 1693-9.
- Warren-Findlow, J., & Seymour, R. B. (2011). Prevalence rates of hypertension self-care activities among African Americans. *Journal of the National Medical Association, 103*(6), 503-512.
- Watanabe, N. & Noguchi, H. (1999). *Soshiki shinri sokutei ron: Koumoku hannou riron no frontier [Organization of psychological measurements: Frontiers of item response theory]*. Tokyo: Hakutoushobou. (in Japanese).

- Whelton, S.P., Chin, A., Xin, X., & He, J. (2002). Effect of aerobic exercise on blood pressure: A meta-analysis of randomized, controlled trials. *Annals of Internal Medicine*, 136(7), 493-503.
- Wook Shin, D., Young Kim, S., Cho, J., Kook Yang, H., Cho, B., Nam, H., & Park, J. (2012). Comparison of hypertension management between cancer survivors and the general public. *Hypertension Research: Official Journal of the Japanese Society of Hypertension*, 35(9), 935-939. doi:10.1038/hr.2012.54
- World Bank (2014a). *Country and lending groups*. Retrieved May 2, 2014 from <http://data.worldbank.org/about/country-classifications/country-and-lending-groups>
- World Bank (2014b). *GNI (gross national income) per capita*. Retrieved May 2, 2014 from <http://data.worldbank.org/indicator/NY.GNP.PCAP.CD>
- World Health Organization (2004). *The World Health Organization Quality of Life (WHOQOL)-BREF*. Retrieved May 2, 2014 from http://www.who.int/substance_abuse/research_tools/en/indonesian_whoqol.pdf (in Indonesian)
- World Health Organization (2008). *2008-2013 action plan for the global strategy for the prevention and control of noncommunicable diseases: Prevent and control cardiovascular diseases, cancers, chronic respiratory diseases and diabetes*. Retrieved May 2, 2014 from http://whqlibdoc.who.int/publications/2009/9789241597418_eng.pdf?ua=1
- World Health Organization (2010a). *A conceptual framework for action on the social determinants of health*. Retrieved December 22, 2014 from http://apps.who.int/iris/bitstream/10665/44489/1/9789241500852_eng.pdf?ua=1&ua=1
- World Health Organization (2010b). *Framework for action on interprofessional education and collaborative practice*. Retrieved December 22, 2014 from http://whqlibdoc.who.int/hq/2010/WHO_HRH_HP_N_10.3_eng.pdf?ua=1
- World Health Organization (2010c). *Global recommendations on physical activity for health*. Retrieved December 22, 2014 from http://whqlibdoc.who.int/publications/2010/9789241599979_eng.pdf

- World Health Organization (2011). *Noncommunicable diseases country profiles 2011*. Retrieved May 2, 2014 from http://whqlibdoc.who.int/publications/2011/9789241502283_eng.pdf?ua=1
- World Health Organization (2012a). *Enhancing nursing and midwifery capacity to contribute to the prevention, treatment and management of noncommunicable diseases in practice: policy and advocacy, research and education*. Retrieved December 22, 2014 from <http://www.who.int/hrh/resources/observer12.pdf>
- World Health Organization (2012b). *Strengthening noncommunicable disease policies to promote active ageing*. Retrieved May 12, 2014 from http://apps.who.int/gb/ebwha/pdf_files/EB130/B130_R6-en.pdf
- World Health Organization (2013a). *A global brief on hypertension*. Retrieved May 2, 2014 from http://apps.who.int/iris/bitstream/10665/79059/1/WHO_DCO_WHD_2013.2_eng.pdf?ua=1
- World Health Organization (2013b). *Draft comprehensive global monitoring framework and targets for the prevention and control of noncommunicable diseases*. Retrieved December 22, 2014 from http://apps.who.int/gb/ebwha/pdf_files/WHA66/A66_8-en.pdf?ua=1
- World Health Organization (2013c). *Global action plan for the prevention and control of noncommunicable diseases 2013-2020*. Retrieved December 22, 2014 from http://apps.who.int/iris/bitstream/10665/94384/1/9789241506236_eng.pdf
- World Health Organization (2013d). *World health statistics 2013*. Retrieved May 2, 2014 from http://apps.who.int/iris/bitstream/10665/81965/1/9789241564588_eng.pdf?ua=1
- World Health Organization (2014a). *Noncommunicable diseases country profiles 2014*. Retrieved January 5, 2015 from http://apps.who.int/iris/bitstream/10665/128038/1/9789241507509_eng.pdf?ua=1
- World Health Organization (2014b). *World health statistics 2014*. Retrieved January 5, 2015 from http://apps.who.int/iris/bitstream/10665/112738/1/9789240692671_eng.pdf?ua=1
- World Health Organization's (n.d.) *WHO STEPS instrument - The WHO STEPwise*

- approach to noncommunicable disease risk factor surveillance (STEPS)*. Retrieved May 2, 2014 from
http://www.who.int/chp/steps/instrument/STEPS_Instrument_V3.0.pdf?ua=1
- World Health Organization Country Office for Indonesia (2008). *WHO country cooperation strategy 2007-2011 – Indonesia*. Retrieved May 2, 2014 from
http://www.who.int/countryfocus/cooperation_strategy/ccs_idn_en.pdf
- World Health Organization Country Office for Indonesia (2013). *Inter-professional and collaborative practice: WHO's framework and action*. Retrieved December 22, 2014 from http://pinc2014.fkep.unpad.ac.id/materi_key_khanchit.php
- World Health Organization Regional Office for South-East Asia (2007). *Scaling up prevention and control of noncommunicable diseases: The SEANET-NCD meeting*. Retrieved May 2, 2014 from
http://www.searo.who.int/entity/noncommunicable_diseases/documents/sea_ncd_79.pdf
- World Health Organization Regional Office for South-East Asia. (2011). *Country paper on community health nurse / public health nurse in Indonesia*. Retrieved September 29, 2012 from
http://www.searo.who.int/en/Section1243/Section2167/Section2168_15779.htm
- World Health Organization Regional Office for South-East Asia (2013). *Health in South-East Asia – A SEARO newsletter, 6 (1)*. Retrieved May 2, 2014 from
http://www.searo.who.int/entity/world_health_day/hisea_april_2013.pdf
- Yin, R. K. (2008). *Case study research: Design and methods* (4th ed.). Newbury Park CA: Sage