

参考引用文献

- Areias, M. E. G., Kumar, R., Barros, H., & Figueiredo, E. (1996). Correlates of Postnatal Depression in Mothers and Fathers. *British Journal of Psychiatry*, 169(1), 36-41. <https://doi.org/10.1192/bjp.169.1.36>
- Ballard, C. G., Davis, R., Cullen, P. C., Mohan, R. N., & Dean, C. (1994). Prevalence of Postnatal Psychiatric Morbidity in Mothers and Fathers. *British Journal of Psychiatry*, 164(6), 782-788. <https://doi.org/10.1192/bjp.164.6.782>
- Barney, L. J., Griffiths, K. M., Jorm, A. F., & Christensen, H. (2006). Stigma about depression and its impact on help-seeking intentions. *Australian & New Zealand Journal of Psychiatry*, 40, 51-54. doi:10.1111/j.1440-1614.2006.01741.x
- Eddy, B., Poll, V., Whiting, J., & Clevesy, M. (2019). Forgotten Fathers: Postpartum Depression in Men. *Journal of Family Issues*, 40(8), 1001-1017. <https://doi.org/10.1177/0192513x19833111>
- Butler, L. M. (2012). Paternal depression, expressed emotion and child emotional and behavioural problems [Electronic Thesis or Dissertation, University of Exeter]. <http://hdl.handle.net/10036/3698>
- Cockshaw, W. D., Muscat, T., Obst, P. L., & Thorpe, K. (2014). Paternal postnatal depressive symptoms, infant sleeping and feeding behaviors, and rigid parental regulation: a correlational study. *Journal of Psychosomatic Obstetrics & Gynecology*, 35(4), 124-131. <https://doi.org/10.3109/0167482x.2014.959920>
- Condon, J. (2006). What about dad? Psychosocial and mental health issues for new fathers. *Australian Family Physician*, 35, 690-692.
- Dallos, R., & Nokes, L. (2011). Distress, Loss, and Adjustment Following the Birth of a Baby: A Qualitative Exploration of One New Father's Experiences. *Journal of Constructivist Psychology*, 24(2), 144-167. <https://doi.org/10.1080/10720537.2011.548223>

- Darwin, Z., Galdas, P., Hinchliff, S., Littlewood, E., McMillan, D., McGowan, L., Gilbody, S., & Born and Bred in Yorkshire (BaBY) team (2017). Fathers' views and experiences of their own mental health during pregnancy and the first postnatal year: a qualitative interview study of men participating in the UK Born and Bred in Yorkshire (BaBY) cohort. *BMC pregnancy and childbirth*, 17(1), 45. <https://doi.org/10.1186/s12884-017-1229-4>
- DSM-5 Basics. (n.d.). In *Diagnostic and Statistical Manual of Mental Disorders*, 5th Edition. American Psychiatric Publishing, Inc. <https://doi.org/10.1176/appi.books.9780890425596.027309>
- Edhborg, M., Carlberg, M., Simon, F., & Lindberg, L. (2016). "Waiting for Better Times": Experiences in the First Postpartum Year by Swedish Fathers With Depressive Symptoms. *American journal of men's health*, 10(5), 428-439. <https://doi.org/10.1177/1557988315574740>
- Edward, K. L., Castle, D., Mills, C., Davis, L., & Casey, J. (2015). An integrative review of paternal depression. *American journal of men's health*, 9(1), 26-34. <https://doi.org/10.1177/1557988314526614>
- Goldstein, Z., Rosen, B., Howlett, A., Anderson, M., & Herman, D. (2020). Interventions for paternal perinatal depression: A systematic review. *Journal of affective disorders*, 265, 505-510. <https://doi.org/10.1016/j.jad.2019.12.029>
- Kim, P., Swain, J. E. (2007). Sad dads: paternal postpartum depression. *Psychiatry (Edgmont (Pa. : Township))*, 4(2), 35-47.
- 厚生労働省. (n.d.). 育医療等基本方針. <https://www.mhlw.go.jp/content/000735844.pdf> (検索日 : 2021 年 5 月 23 日)
- 厚生労働省. (2019). 「令和元年度雇用均等基本調査」の結果概要. <https://www.mhlw.go.jp/toukei/list/dl/71-r01/07.pdf> (検索日 : 2022 年 1 月 25 日)
- 厚生労働省. (2020). 令和 2 年度雇用均等基本調査. <https://www.mhlw.go.jp/toukei/list/71-r02.html> (検索日 : 2022 年 1 月 25 日)

厚生労働省. (2021). 全国厚生労働関係部局長会

議. <https://www.mhlw.go.jp/content/10200000/000723779.pdf> (検索日：2022 年 1 月 25 日)

Kowlessar, O., Fox, J. R., & Wittkowski, A. (2014). First-time fathers'

experiences of parenting during the first year. *Journal of Reproductive and Infant Psychology*, 33(1), 4-14. <https://doi.org/10.1080/02646838.2014.97140>

小山 顕, (2020), 地域子育て支援拠点における父親を対象とした子育て支援プログラムの実践と課題：関西学院子ども センターにおける実践から見てきたもの, 聖和短期大学紀要, 6, 11 - 20

毎日新聞デジタル. (2010). 新語・流行語大賞：「イクメン」がトップ 10.

<https://mantan-web.jp/article/20101201dog00m200045000c.html> (検索日：2021 年 6 月 10 日)

Mellor, G., St. John, W. (2012). Fatigue and work safety in men during early fatherhood. *American Journal of Men's Health*, 6, 80-88.

doi:10.1177/1557988311423723

Molgora, S., Fenaroli, V., Malgaroli, M., & Saita, E. (2016). Trajectories of Postpartum Depression in Italian First-Time Fathers. *American Journal of Men's Health*, 11(4), 880-887. <https://doi.org/10.1177/1557988316677692>

NHK政治マガジン. (2020). 父親の産後うつ パパだってつらいんです

<https://www.nhk.or.jp/politics/articles/feature/45639.html> (検索日：2021 年 6 月 10 日)

Nishigori, H., Obara, T., Nishigori, T., Metoki, H., Mizuno, S., Ishikuro, M., Sakurai, K., Hamada, H., Watanabe, Z., Hoshiai, T., Arima, T., Nakai, K., Kuriyama, S., Yaegashi, N., Miyagi Regional Center of Japan Environment & Children's Study Group (2020). The prevalence and risk factors for postpartum depression symptoms of fathers at one and 6 months postpartum: an adjunct study of the Japan Environment & Children's Study. *The journal of maternal-fetal & neonatal medicine : the official journal of the European Association of Perinatal Medicine, the Federation of Asia and Oceania Perinatal Societies, the International Society of Perinatal Obstetricians,*

- 33(16), 2797-2804. <https://doi.org/10.1080/14767058.2018.1560415>
- Nishimura, A., Fujita, Y., Katsuta, M., Ishihara, A., & Ohashi, K. (2015). Paternal postnatal depression in Japan: an investigation of correlated factors including relationship with a partner. *BMC pregnancy and childbirth*, 15, 128. <https://doi.org/10.1186/s12884-015-0552-x>
- O' Brien, A. P., McNeil, K. A., Fletcher, R., Conrad, A., Wilson, A. J., Jones, D., & Chan, S. W. (2016). New Fathers' Perinatal Depression and Anxiety—Treatment Options: An Integrative Review. *American Journal of Men's Health*, 11(4), 863-876.
- O'Brien, A. P., McNeil, K. A., Fletcher, R., Conrad, A., Wilson, A. J., Jones, D., & Chan, S. W. (2017). New Fathers' Perinatal Depression and Anxiety—Treatment Options: An Integrative Review. *American journal of men's health*, 11(4), 863-876. <https://doi.org/10.1177/1557988316669047>
- O' Hara, M. W., & Swain, A. M. (1996). Rates and risks of postpartum depression—A meta-analysis. *International Review of Psychiatry*, 8(1), 37-54.
- Paulson, J. F., Keefe, H. A., & Leiferman, J. A. (2009). Early parental depression and child language development. *Journal of Child Psychology and Psychiatry*, 50(3), 254-262. <https://doi.org/10.1111/j.1469-7610.2008.01973.x>
- Pilkington, P. D., Milne, L. C., Cairns, K. E., Lewis, J., & Whelan, T. A. (2015). Modifiable partner factors associated with perinatal depression and anxiety: A systematic review and meta-analysis. *Journal of Affective Disorders*, 178, 165-180. <https://doi.org/10.1016/j.jad.2015.02.023>
- Ramchandani, P., Stein, A., Evans, J., O'Connor, T. G., & ALSPAC study team (2005). Paternal depression in the postnatal period and child development: a prospective population study. *Lancet (London, England)*, 365(9478), 2201-2205. [https://doi.org/10.1016/S0140-6736\(05\)66778-5](https://doi.org/10.1016/S0140-6736(05)66778-5)
- Ramchandani, P. G., Psychogiou, L., Vlachos, H., Iles, J., Sethna, V., Netsi, E., & Lodder, A. (2011). Paternal depression: an examination of its links with father, child and family functioning in the postnatal period. *Depression and Anxiety*, 28(6), 471-477. <https://doi.org/10.1002/da.20814>

- 櫻沢 亜希子, 大月 恵理子, 鈴木 幸子. (2019). 生後3~4ヵ月の第1子をもつ父親の児の出生後からの体験 父親の抑うつ状態に焦点をあてて. 日本母性看護学会誌, 19(1), 83-90. <http://search.jamas.or.jp/link/ui/2019305130>
- St John, W., Cameron, C., McVeigh, C. (2005). Meeting the challenge of new fatherhood during the early weeks. *Journal of Obstetric Gynecologic and Neonatal Nursing*, 34, 180-189. doi:10.1177/0884217505274699
- Stockman, J. A. (2007b). Paternal Depression in the Postnatal Period and Child Development: A Prospective Population Study. *Yearbook of Pediatrics*, 2007, 364-365. [https://doi.org/10.1016/s0084-3954\(08\)70201-x](https://doi.org/10.1016/s0084-3954(08)70201-x)
- Suto, M., Takehara, K., Yamane, Y., & Ota, E. (2016). Effects of prenatal childbirth education for partners of pregnant women on paternal postnatal mental health: a systematic review and meta-analysis protocol. *Systematic reviews*, 5, 21. <https://doi.org/10.1186/s13643-016-0199-3>
- Tokumitsu, K., Sugawara, N., Maruo, K., Suzuki, T., Yasui-Furukori, N., & Shimoda, K. (2020). Prevalence of perinatal depression among Japanese men: a meta-analysis. *Annals of general psychiatry*, 19(1), 65. <https://doi.org/10.1186/s12991-020-00316-0>
- Tokumitsu, K., Sugawara, N., Maruo, K., Suzuki, T., Yasui-Furukori, N., & Shimoda, K. (2020). Prevalence of perinatal depression among Japanese men: a meta-analysis. *Annals of general psychiatry*, 19(1), 65. <https://doi.org/10.1186/s12991-020-00316-0>
- Wang, D., Li, Y. L., Qiu, D., & Xiao, S. Y. (2021). Factors Influencing Paternal Postpartum Depression: A Systematic Review and Meta-Analysis. *Journal of affective disorders*, 293, 51-63. <https://doi.org/10.1016/j.jad.2021.05.088>
- Zelkowitz, P., & Milet, T. H. (2001). The Course of Postpartum Psychiatric Disorders in Women and Their Partners. *The Journal of Nervous and Mental Disease*, 189(9), 575-582. <https://doi.org/10.1097/00005053-200109000-00002>